

SNACK ATTACK

Green Apple Slinky ✓	\$1.50
Fruit Salad Tub (seasonal fruit) ✓	\$2.50
4 C's Crunch Pack (GF) ✓	\$2.50
Carrot, Capsicum, Cucumber & Cheese with Hommus dip	
Snack pack (GF) ✓	\$2.50
Boiled Egg, Cherry Tomatoes, Cheese & Rice Crackers	
Apple, Carrot & Zucchini Bread ✓	\$1.20
Made inhouse, served toasted with dairy free butter	
Two Plain Pikelets ✓	50c
Two Pikelets with Jam and Butter ✓	\$1.00
Two Saos with Vegemite ✓	70c
Add cheese + 50c	
Custard Cookie ✓	\$1.00
Fresh popped Popcorn (GF) ✓	\$1.00
Vanilla Yoghurt Pouch (Vaalia brand) ✓	\$2.50
Sunbites Crackers ✓	\$1.50
- Caramelised Onion & Balsamic Vinegar	
Sunbites Grainwaves ✓	\$1.50
- Sour Cream & Chives	
Red Rock Chips (GF)	\$1.50
- Sea Salt ✓ or Honey Soy Chicken	
Jelly and Low Fat Custard Cup (GF)	\$1.00
(not available for preps)	

DRINKS ✓

Water	\$2.00
Plain Milk	\$1.50
Up and Go (Choc or Vanilla)	\$2.80
Flavoured Milk (Choc or Strawberry)	\$2.80
Krazy Lemon Homestyle Lemonade	\$2.50
99% Juice Popper	\$2.80
Apple/Apple Blackcurrant/Orange	
Slushy (99% juice - Not avail for Preps)	\$2.00

EXTRAS ALL ORDERS REQUIRE AN ORDERING BAG

Paper Ordering Bags	20c	Spoon/Fork	20c
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GARDEN SALAD (no changes) ✓ \$4.00

Lettuce, carrot, tomato, cucumber, capsicum, dressing
 Add Beetroot or cheese or half boiled egg each + 50c

Salad Toppers

Sweet Chilli Chicken Tender (1)	\$1.80
Chicken Breast <u>or</u> Tuna <u>or</u> Ham	\$1.50
Plant Based sweet chilli chick'n tender (1) ✓	\$2.20

SANDWICHES On Wholemeal Bread

(GFO) Gluten Free Bread	+ \$1.00
Vegemite ✓ <u>or</u> Jam ✓	\$2.00
Cheese ✓ (add tomato + 50c)	\$2.50
Egg and Lettuce ✓	\$3.50
Ham, Cheese and Tomato	\$3.50
Tuna and Mayo	\$3.00
Salad ✓ (Lettuce/carrot/tomato/cucumber/mayo)	\$3.50
Chicken <u>or</u> Ham	\$3.00
Chicken <u>or</u> Ham <u>or</u> Tuna with Salad	\$4.50
Add Cheese, beetroot or hommus to any each + 50c	

WRAPS

Chicken, Lettuce and Mayo Wrap	\$4.00
Salad ✓ (Lettuce/carrot/tomato/cucumber/mayo)	\$4.00
Chicken <u>or</u> Ham <u>or</u> Tuna with Salad	\$4.50
Add Cheese or hommus to wraps each + 50c	

TOASTIES (GFO)

Add tomato to toasties + 50c		
Cheese ✓	Sandwich	Wrap
	\$3.00	\$3.50
Ham and Cheese	\$4.00	\$4.50
Chicken and Cheese	\$4.00	\$4.50
Tuna and Cheese	\$4.00	\$4.50

JAFFLES

Baked beans ✓ (GFO)	\$4.00
Spaghetti ✓	\$4.00
Add Cheese to jaffles + 50c	

FROZEN TREATS ✓

Quelch Stick— Whole	80c	1/2	50c	Frozen Juice Cup	\$1	Vanilla Ice-cream Cup	\$1.70
Mini Calippo	\$1.50	Icy Twist	\$1.80	Paddle Pops	\$2.50	Bulla Frozen Yoghurt	\$2.60
						Choc Shaky-Shake	\$3

♥ HOUSE MADE WITH LOVE ♥

HOMESTYLE PASTA MEALS \$4.50

♥ Spaghetti and Meatballs (GFO)	♥ Tuna Bake
♥ Macaroni and Cheese ✓	♥ Pastitsio Lasagne
COOKIE & FRUIT JUICE COMBO ✓	\$7.50
FRUIT SALAD & WATER COMBO ✓	\$7.50



DAILY SOUP SPECIAL (GFO)

SMALL(1 cup) \$4 LARGE(1.5 cups) \$5

Soup flavours change often and current soup will

be specified on FlexiSchools or ask daily at tuckshop counter

ADD A SLICE OF BUTTERED BREAD (GFO) ✓	+ 50c
POPCORN & SLICE OF GARLIC BREAD COMBO ✓	+\$1.50

HOT FOOD

Spinach and Fetta Roll ✓	\$4.80
Spring Rolls (2 med) ✓	\$3.00
Authentic vegetarian spring rolls oven baked	
Chicken Burger	\$5.00
Chicken Patty, lettuce, tomato and mayo	
Cheese Burger	\$5.00
Beef Patty, cheese and tomato sauce	
Sweet Chilli Chicken Wrap	\$5.00
Sweet chilli tenders, lettuce, tomato and mayo	
Bacon and Egg Burger (1st break only)	\$4.50
Bacon, egg and BBQ sauce on a fresh baked bun	
Hot Dog (real pork sausage)	\$3.50
Add Cheese or Bacon each + 50c	
Cheese Quesadilla ✓	\$3.00
Add Chicken or Ham + \$1.00	

EVERYDAY FAVOURITES

Sausage Roll	\$4.00	Meat Pie	\$4.40
Garlic Bread ✓	\$2.50	Corn Cob ✓ (GF)	\$1.30
Chicken Nuggets (5)	\$4.00	Tomato <u>or</u> BBQ Sauce	30c