



SCARBOROUGH STATE SCHOOL

TUCKSHOP MENU

The Tuckshop is a service providing healthy and delicious meals to both students and staff.

It is open for Breakfast,

1st and 2nd break Monday–Friday.

Orders can be placed in person or via the flexischools website or mobile app.

The Tuckshop accepts both cash and EFTPOS payments.

Our menu caters to a wide range of dietary needs and preferences.

We cater for vegan, vegetarian, dairy free and gluten free diets for both students and staff.

We do our best to provide healthy meals to growing minds and bodies.

We use as much fresh, local produce as we can get from our local Suppliers.

BREAKFAST 8.15AM–8.30AM DAILY ORDERS MUST BE COLLECTED BEFORE CLASS

Jam or Vegemite on toast	\$1.00
Fruit Toast	\$2.00
Apple Slinky	\$1.50
Vanilla Yoghurt Pouch	\$2.50
Paul's Custard Cup	\$2.50
UP&GO – vanilla or chocolate	\$3.00
UP&GO – Dairy Free, vanilla or choc	\$3.00
Full Cream Milk Carton	\$1.50
Milo	\$2.00

SPRING/SUMMER SPECIALS

Garden Salad	\$6.00
lettuce, carrot, cucumber, tomato	
Add ham or chicken	+\$1.00
Summer Noodle Salad	\$6.00
Singapore noodles with shredded carrot, beetroot & broccoli and your choice of Greek lemon dressing or Japanese soy dressing	
Add chicken	+\$1.00
Sushi Bowl	\$6.50
Chicken, tuna & mayo or Vegetarian with grated carrot and kewpie mayo	
Sushi Cup	\$4.00
Smaller version of the sushi bowl	
Add chicken or avocado	+\$1.00

PASTA & HOT MEALS

Macaroni Cheese	\$5.00
GF Macaroni Cheese	\$5.50
Fried Rice (GF)	\$5.50
Beef Lasagna	\$5.50
Butter Chicken Rice (GF)	\$5.50
Napoli Pasta	\$5.00
GF Napoli Pasta	\$5.50
GF Chicken Satay	\$5.50

SANWICHES & TOASTIES

Vegemite Sandwich	\$2.50
Jam Sandwich	\$2.50
Cheese Sandwich	\$3.00
Cheese & Vegemite Sandwich	\$3.00
Ham Sandwich	\$3.50
Ham & Cheese Sandwich	\$4.00
Ham, Cheese & Tomato Sandwich	\$4.50
Chicken & Mayo Sandwich	\$4.50
Salad Sandwich	\$4.50
add ham or chicken	+\$1.00
add cheese, beetroot, hummus	+\$0.50
Egg & Lettuce Sandwich	\$5.00
Make it a Wrap	+\$0.50
Make it Toasted	+\$0.50

WRAPS

COLD	
Chicken, Lettuce and Mayo Wrap	\$5.00
tender chicken breast with mayo & lettuce on a wrap	
HOT	
Sweet Chilli Chicken Wrap	\$6.00
2 oven baked sweet chilli chicken tenders, mayo, tomato & lettuce on a wrap	
Falafel Wrap	\$6.00
3 x oven baked falafel bites, aioli, lettuce, tomato, carrot, cucumber & tomato add cheese (\$0.50)	

OUR PEOPLE

Our Retail team is made up of paid Staff and amazing Volunteers. If you would like to be part of what we do, we'd love to have you on the Team.



Just pop by and say hello!

BURGERS

Hamburger	\$5.00
Beef patty, lettuce, tomato & tomato sauce	
Cheeseburger	\$5.00
Beef patty, cheese & tomato sauce	
Chicken Burger	\$5.50
Crumbed chicken patty, mayo, lettuce & tomato	
Veggie/Corn Fritter Burger	\$6.00
2 x corn and zucchini fritters layers with salsa & sour cream with tomato & lettuce GF option add \$1.00	
Cheeseburger Slider	\$2.50
mini burger bun with tomato sauce & beef patty	

HOT FOOD

Garlic Bread	\$2.50
GF Garlic Bread	\$3.00
Chicken Nuggets (6)	\$5.00
GF Chicken Nuggets (6)	\$5.50
Hot Dog	\$4.00
Pork sausage with tomato sauce	
Beef Pie	\$5.00
Sausage Roll	\$5.00
GF Sausage Roll	\$5.50
Soy, Nut, Dairy & Gluten Free	
Spinach & Cream Cheese Roll	\$5.00
Vegetarian Spring Rolls	\$2.50

FRIDAY SPECIALS

Mini Dagwood Dog	\$2.50
Cheeseburger Slider	\$2.50
Vegetarian Spring Rolls (2)	\$2.50
Chicken Snack Wrap	\$3.00
Ham & Cheese Croissant	\$5.00

INDIVIDUAL DINO PIZZAS

Cheese (pizza sauce)	\$5.50
Pepperoni (pizza sauce)	\$6.00
Ham & Cheese (pizza sauce)	\$6.00
Ham, Cheese & Pineapple (pizza sauce)	\$6.00
BBQ Chicken (BBQ sauce)	\$6.00

SNACKS

Apple Slinky	\$1.50
Fresh Fruit Salad	\$3.50
Veggie Cup	\$3.00
Add hummus, cheese	+\$0.50
Vaalia Vanilla Yoghurt Pouch	\$2.50
Pauls Vanilla Fresh Custard Cup	\$2.50
Homemade Pikelets (2)	\$0.50
Homemade Pikelets (2) with jam, butter, jam & butter or Nutella	
	\$1.50
Homemade Custard Cookie	\$1.00
Chocolate Chip Cookie	\$1.50
GF Smarty Pants Cookie	\$3.00
GF Apple & Cinnamon Muffin	\$3.00
Homemade Nutella Muffin	\$3.00
Banana Bread	\$3.00
Sao Biscuits with butter & Vegemite	\$1.00
Add cheese	+\$0.50
Grainwaves (Sour Cream & Chives)	\$1.50
Red Rock Chips (GF)	\$1.50
Sea Salt or Honey Soy Chicken	
Homemade Milo Bliss Balls (2)	\$1.50
Homemade Apricot Bliss Balls	\$1.50
Protein Ball (GF, Vegan)	\$2.50

OUR SERVICES

To make things easy you can order both food and uniforms using the flexischools website or download the app toady.



DRINKS

Bottled Water 600ml	\$2.00
Bottled Water 250ml	\$1.00
Sparkling Water 500ml	\$2.50
Fruit Juice 100% 250ml	\$3.00
Apple, Apple & Blackcurrant, Orange	
V8 Tropical Juice Popper	\$3.00
Mogu Aloe Drink	\$3.00
Lychee flavour	
Flavoured Milk 300ml	\$3.00
Strawberry or Chocolate	
Krazy Lemon 200ml	\$3.00
UP&GO	\$3.00
Chocolate or Vanilla	
UP& GO Dairy Free (GF)	\$3.00
Chocolate or Vanilla	

FROZEN TREATS

Frozen Pineapple Ring	\$0.50
1/2 Quelch Stick Icy Pole	\$0.50
Quelch Stick Icy Pole	\$1.00
Frozen Juice Cup (100% fruit juice)	\$1.00
Lemon Sorbet (GF, DF)	\$1.50
Freezy Snap or TNT Sour Ice Pop	\$1.50
Ice Cream Cups	\$2.00
Chocolate, Strawberry, Vanilla or Dairy-Free Coconut	
Ice Popz Sour Lemon or Grape	\$2.00
Icy Swing	\$2.00
Cola or Lemonade	
Middy Mango Swirl Ice Block	\$2.00

BIRTHDAY TREATS

Birthday Ice Blocks	\$15.00
enough for your whole class	
Birthday Jelly Sticks	\$15.00
enough for your whole class	
Birthday Cake	\$25.00
mudcake slices for your whole class	

